

## **TOMORROW'S TRADING TECHNOLOGY**

100% automated Fibonacci support and resistance levels that you can count on every single trading day in an instant.





## T-3 Fibs ProTrader Trading Plan and Objectives

The initial goal of any trader is to make money. To make money you must plan. Plan for the good and the bad and if you set goals you will have the greatest chances of reaching them.

This worksheet will assist you in formulating a financial plan for yourself when using the T-3 Fibs ProTrader and setting up goals and objectives for your trading. Please fill out each of these "goals" to the best of your ability and then end result will be a SIMPLE well laid out plan of attack on the market. Once you have this sheet complete you will have an accurate picture of yourself, your expectations, and will have a solid plan for success that you can follow. Our objective is to help you reach your goals.

ANNUAL goals - this year I would like to make- in dollars

\$

To make my annual goal I will be entering the market with and account size of \$\_\_\_\_\_\_.

This will be a % \_\_\_\_\_ gain on my account. (\$ made / \$ started with).

The last year I made this % return was? \_\_\_\_\_.

Do I believe this goal is realistic and achievable? \_\_\_\_\_Y/N.

To achieve this goal I will need to make % monthly (annual % gain / 12) \_\_\_\_\_.

This will make monthly dollar profit for the account amount (\$ annual /12)

My weekly goal must be \$ \_\_\_\_\_.

My average daily goal must be \$\_\_\_\_\_.

Now you should have a clear picture of your financial objectives and what it will take for you on a daily weekly and monthly basis to achieve them.

This next section will help you with market selection and expectations based on each individual market.

The market I will be trading is

The average daily range over last year is

Number of contracts/ shares I will trade based on my trading account size is

To reach my daily goal trading the number of contracts I can trade I must take out what % of the daily range in order to reach my goal.

Is this realistic? YES OR NO \_\_\_\_\_

Do I have at least 4-5 times the required capital to trade my markets?

RISK MANAGEMENT- Let's face it...no trader will win all the time so put rules in place to keep yourself from doing more harm than good and calling it a day when things are not going right for you. Here are examples.

I will be willing to lose this much money on a daily basis before I quit trading\$\_\_\_\_\_\_. (Usually 2-3 times daily goal is max which normally equates to no more than 1-3% of your account total on any given trade, if you lose more than that then you will have a hard time to recover.

Is there a point at which I will stop trading on the winning side? What is that number in dollars? \$\_\_\_\_\_\_.

- What is my maximum expected drawdown to my account based on my thorough back testing of the software? Although we don't like to face this question it is important so that you may allocate enough trading capital to cover this drawdown. \$\_\_\_\_\_.
- With these dollar goals in place, once you go live money how much will you lose before you reach your max loss and have to go back to the simulator to practice \$\_\_\_\_\_.

Have you given yourself enough room for mistakes and learning to continue trading?

Should you make adjustments to the # of contracts/ shares that you are trading if your risk is too high? \_\_\_\_\_\_.

## T-3 Fibs ProTrader Daily Planner

Date:				
Market:				
Key Economic reports due out	today:			
Time	Market mover?			
Time	Market mover?			
Time	Market mover?			
Time	Market mover?			
What the market's trend is for:	(up or down)			
Last day				
Last two days				
Last week				
Last month				
KEY SUPPORT AREAS: Fibonacci areas and general market support and resistances that have been tested lately.				
Support #1	_ rate this support strength			
Support#2	rate this support strength			
Support #3	_ rate this support strength			
KEY RESISTANCE AREAS:				
Resistance #1	_ rate this resistance strength			
Resistance #2	_ rate this resistance strength			
Resistance #3	_ rate this resistance strength			

## T-3 Fibs ProTrader Entry Trade Planner

Every one of these boxes must contain a yes answer before you can put a trade on every day.

yes	🗆 no	Am I of sound mind and body before trading?
yes	🗆 no	Am I free of any technical issues before trading starts?
yes	🗆 no	I have spent at least 30 minutes with my charts searching for confluence areas on my major timeframes before the Market opens.
yes	🗆 no	I have defined at least 3 confluence above and below yesterday's prices. This will help you stay focused on the key areas and will get you ready to trade to the next levels if key areas are broken.
yes	🗆 no	I know at what price area I will look for my first short and long.
yes	🗆 no	I know what my profit target area will be for the trade.(reward)
yes	🗆 no	I know how much I will risk on this trade (risk)
yes	🗆 no	I have reached a key area from which to trade from.
yes	🗆 no	I know my rules for this trade setup 100%, if not, do not trade.
yes	🗆 no	All rules have been met for entering the trade and placing stop.
yes	🗆 no	I bought or sold with stops in place and will now manage my trade.

After the trade you should fill in the blanks and track this information for later review.

My risk on this trade was \_\_\_\_\_\_ points.

My potential profit was \_\_\_\_\_\_ points.

I ended up making \_\_\_\_\_points.

□ yes □ no I followed my plan.

□ yes □ no Could I have done anything better on the trade?

If so then say what ..

Save all of this information in spread sheets and journals and in pictures using a screen capture program such as snagit.com or something similar. This will be useful information for you in your own personal evaluation and study after market hours.





www.nss-t3.com 3400 Research Forest Dr. Suite B9, The Woodlands, TX. 77381 Tel: 281.419.2110